

# Action Caps® Fit

## Boost Metabolism, Burn Fat\*

Now you can support the fat-burning power of your metabolism around the clock, naturally! Action Caps® Fit features a synergistic blend of herbal extracts that activates your body's brown fat ("good fat") to burn off white fat ("bad fat") through the metabolic process of thermogenesis.\* This can lead to more burned calories and a leaner body.\* Action Caps® Fit is safe, effective, and free of added stimulants, hormones, and artificial additives.

Based on the Philosophy of Regeneration®, Action Caps® Fit works with the systems of the body to help burn calories efficiently.\* Each capsule contains a potent blend of herbs and natural concentrates designed to support metabolic processes.\* This specially formulated cutting-edge supplement can help you achieve your weight-loss and fitness goals safely and effectively.

## INGREDIENT HIGHLIGHTS

### LINGONBERRY

These red berries are packed with antioxidant power in the form of plant chemicals called polyphenols. Studies have shown lingonberries help prevent fat deposition and may support weight loss.\*

### GARCINIA FRUIT

This tropical fruit is a natural source of hydroxycitric acid (HCA), a compound that research suggests may prevent fat storage, control appetite, and support exercise endurance.\*

### GREEN TEA CONCENTRATE

This herbal extract contains tea catechins, naturally occurring polyphenols that may have a positive effect on both lipid and carbohydrate metabolism.\*

## BENEFITS

- Boosts metabolism\*
- Promotes brown fat\*
- Promotes fat loss\*
- Supports energy\*
- Supports the immune system\*
- Provides antioxidant protection
- No nervousness, jitters, or lost sleep

## FAQS

**Q:** How does Action Caps® Fit help me burn fat?

**A:** A key aspect of this formula's effectiveness is how it targets a specific type of fat in the body. Your body has (energy-burning) brown fat and (energy-storing) white fat. Brown fat is thought to be more like muscle than like white fat (the adipose fat typically found on the belly, buttocks, and thighs). Brown fat has the unique capacity to reduce white fat by activating thermogenesis, a metabolic process in which brown fat uses white fat as fuel and burns energy (calories) to be used for body heat. Action Caps® Fit is designed to support this process.\*

**Q:** Are there side effects from taking Action Caps® Fit?

**A:** No, this supplement is made from safe, natural ingredients, completely free of added stimulants, hormones, and artificial additives.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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The Art of Herbal Science®



OWNER EXPERTISE  
FORMULATION



SELF-  
MANUFACTURED



MADE WITH NATURAL  
INGREDIENTS

### RECOMMENDATION:

Take three capsules, three times a day with meals.

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