



HELPING TO IMPROVE THE LIFESTYLE AND WELL-BEING OF PEOPLE AROUND THE WORLD.

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NEWSLETTER

SUNTRIM® + PACK

Trim Down, Shape Up, and Get the Body You Want!

Reach your weight-management goals with the **SunTrim® + Pack**, featuring Sunrider's newest revolutionary weight-loss supplement, SunTrim®+.

#00927

Includes: SunTrim®+, 50 capsules/bottle; Fortune Delight® Raspberry, 10/3g packs; VitaShake® Strawberry, 10 pack; SunBar® Oatmeal Raisin, 10 pack; SunTrim®+ Brochure



SunTrim®+ helps you eat less by creating a sense of fullness to pre-satisfy your hunger.* Our concentrated herbal formula contains powerful ingredients, such as cocoa bean, green coffee bean, resveratrol, green tea, and mangosteen.

Fortune Delight® Raspberry provides healthy hydration backed by the power of antioxidants to boost SunTrim®+ while harmonizing with the body's natural cleansing process. All-natural raspberry juice enhances the refreshing flavor of this beverage powerhouse.

VitaShake® Strawberry is a whole-food powder with fewer than 100 calories a serving, no cholesterol, very low sodium, and very low sugar, making it an ideal supplement for weight-loss. Plus, it has 4 g of protein and 3 g of fiber!

SunBar® Oatmeal Raisin (NEW flavor!) provides true nutrition and sustained energy in a concentrated herbal food bar. A good source of fiber and protein, it is made with whole-food ingredients, such as nuts, grains, herbs, and dried fruits.

"I'm happy to say that I am down 6" overall in just one week...The inches lost were all in desirable areas...[SunTrim®+] targeted areas I have been struggling with, i.e. my belly. I lost 2" from that area alone."

Jacelyn M.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SUNRIDER®

Sunrider's Natural Hair Care

Luscious Locks Without the Chemicals (or the salon!)

Sunrider® hair care products offer the best in natural, herbal ingredients to cleanse and condition your hair and scalp. Harsh ingredients found in most brands can irritate your scalp, dry out your hair, and create frizziness.

Sunrider's hair care products are free of sodium lauryl sulfate, ammonium lauryl sulfate, phthalates, and harsh chemicals.



HAIR CARE NATURE INTENDED

Oi-Lin® Shampoo

#47008 8 fl. oz.
#47002 2.3 fl. oz.

Oi-Lin® Conditioner

#47018 8 fl. oz.
#47012 2.3 fl. oz.

- Ideal for dry, sensitive scalps (great for babies too!).
- Keeps color-treated hair hydrated and vibrant.
- Safflower and avocado oils help moisturize and strengthen hair.

Kandesn® Spa Shampoo

#52008 8 fl. oz.

Kandesn® Spa Conditioner

#52018 8 fl. oz.

- Leaves hair clean without stripping essential oils.
- Refreshing herbal-citrus scent is great for both sexes.
- Gurjun balsam oil and vitamin E leave hair smooth and shiny.

Kandesn® Shampoo

#34008 8 fl. oz.

Kandesn® Conditioner

#34018 8 fl. oz.

- Matches your hair and scalp's natural pH balance.
- Chamomile, peppermint, and cinnamon stimulate hair follicles to encourage stronger, healthier hair.
- Soy proteins and uniquely developed amino acids help strengthen hair.



Ingredient Spotlight: Avocado Oil

Found in each of Sunrider's conditioners, this intensely hydrating oil comes from the *Persea gratissima* (avocado) fruit and contains high levels of vitamins A, D, and E. It is known for easily penetrating the top layers of the skin to deliver numerous benefits, making it highly valuable to scalp health while conditioning your tresses as well.

GO GREEN WITH EVERGREEN®

Nourish with the Power of Chlorophyll

The highly concentrated copper chlorophyllin in Evergreen® combines the nourishing aspects of green, leafy vegetables with the hydrating power of water to address the body's circulatory system, clean the intestines, and aid digestion.*

- Sunrider uses copper chlorophyllin, a stabilized, water-soluble form of chlorophyll (the natural phytochemical which gives plants their green color and is crucial in photosynthesis, converting light to energy).
- Contains 105% of the daily recommended value for copper, a mineral essential for healthy cell function.
- Contains 6% of the daily recommended value for iron which is crucial in transporting oxygen through the blood and to the body's tissues.
- Chlorophyllin is also used to reduce odor from general body odors such as bad breath.

#20325 10/.5 fl. oz. Mini Pack bottles



"Because we concentrate the chlorophyll (an antioxidant) so much, Evergreen's green color is much darker, and the liquid is thicker and richer than many other chlorophyll products."

Dr. Tei-Fu Chen

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Wedding Day

BEAUTY PERFECTION



SET 1



SET 2



KANDESN BRIDAL BEAUTY BONUSES

Won't stain clothes—like your white wedding gown.

Long lasting. Focus on your vows and not reapplication.

Hypo-allergenic. If you shed any tears, your eyes won't become red and irritated.

Photographs well, so you'll look your best in person and in pictures.

Create a Breathtaking Look with Kandesn

Wow them as you walk down the aisle wearing Kandesn® Color Cosmetics. Create a timeless look that exudes style and confidence with our bridal beauty perfectors for a day to remember.

A Pout that Says "I Do"

Kandesn® Lip Color Palette
Set 1 #00732, Set 2 #00733

Two sets, each with six gorgeous lip colors, make selecting the perfect shade for your wedding day easy. Simply choose your favorite or create your own by blending colors. Apply to lips for a pucker that radiates eternal love.

Eyes & Cheeks for the Blushing Bride

Kandesn® Mini Color Compact #2
#74102

Eyes are the windows to the soul, so make them sparkle as you wed your soul mate! Mini Color Compact #2 features a classic charcoal-grey and neutral pink eyeshadow and a "hint of pink" blush fitting for any bride on her big day.

Will I keep the weight off permanently if I quit using SunTrim®+?

Answer by Reuben Chen, MD

If you stop taking SunTrim®+ and continue the good eating habits established while taking SunTrim®+, then it will be easy to keep the weight off. If poor eating habits return, the pounds will probably start coming back. I would recommend using SunTrim®+ even after you've reached your goal, because most people fall back into bad eating habits.

If there is a desire to stop using SunTrim®+ after achieving your goal, I would recommend starting MetaShaper® to continue with the antioxidants that help with longevity and maintain the weight loss you've achieved.

I'd also recommend other Sunrider® products, such as SunBars, VitaShake®, and Sunrider VitaFruit® to maintain focus on nutrient-rich foods and avoid empty calories.

SunTrim®+
#00831 50 Vegan Capsules/Bottle



Emergency Preparedness

With recent natural disasters such as Hurricane Sandy devastating the East Coast of the United States, it's always better to plan now and be prepared later should a disaster strike.

This list focuses on maintaining basic needs and can be supplemented as needed based on practical judgment and individual circumstances. Plan your 72-hour kit according to the size of your family.



Don't wait! Right now is the best time to prepare for an emergency or disaster.

Emergency Kit Checklist

- Three gallons of water per person (one gallon/person/day), rotate every six months.
- Three-day supply of nonperishable food, rotate as necessary (suggestions: SunBar®, NuPlus®, VitaShake®, and NuPuffs®).
- Can opener for canned foods.
- Plates, cups, and basic eating utensils.
- Warm clothes and rain gear.
- Flashlight and extra batteries.
- Battery-powered or hand-crank radio and extra batteries.
- Cell phone with charger.
- First-aid kit (including SunBreeze® Essential Oil).
- Whistle to signal for help.
- Dust masks to help filter contaminated air.
- Large heavy-duty plastic bags (with ties) and a plastic bucket for waste and sanitation.
- Personal hygiene items, including toilet paper, feminine supplies, hand sanitizer, and soap (suggestions: Kandese® Spa Gift Set, SunSmile® Tabs for waterless oral hygiene, and Kandese® Hand Cleansing Gel).
- Wrench or pliers to turn off utilities.
- Copies of important personal documents and phone numbers.
- Special-needs items for children, seniors, or people with disabilities. Don't forget water and supplies for your pets.
- Items such as prescription medications and infant formulas.
- Sunrider® nutritional supplements that you take daily (Sunrise® is great for a quick boost of energy when you are under the stress of an emergency).
- A backpack for each family member to pack supplies in case a sudden evacuation is needed.

We want to hear from you! Send your favorite Sunrider recipes, success stories, questions, or comments to info@sunrider.com.

FROM:

TO:

SUNRIDER®

Sunny Days®
Are Here Again!

Purchase this much-anticipated product at Shop.sunrider.com.

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